

Need Help Listing a Hike? ([Examples Here](#))
Auto Address an Email to List a Hike by clicking [Here](#)

Meanderthal Hike Leaders/Co-ordinators Guidelines

Be Familiar With Participant Protocols: [Read Participant Responsibilities and Protocols Here](#)

Provide an adequate description of the hike:

Elevation gain, total distance, approximate time required, and exposure or other hazards.

Set Maximum number for hike:

Suggested number of participants is 12, plus the leader, but left to the discretion of the leader.

In the event that the hike is over-subscribed, consider splitting into two groups by speed/interests/loop direction/etc, then ask one of the group to lead the second section. Or ask another leader to create a different hike and offer it directly by email to the extra applicants. Experience has taught that hikes should not be added to the web list after sign-up has started.

Notify extra applicants of your intentions so they can withdraw and apply to other hikes if they wish.

Set Minimum number for hike:

Recommended 6, for safety reasons.

Appoint a strong hiker to bring up the rear:

Assign a sweep. If the group is large and/or breaks into two, you must assign another leader and sweep for the second group.

Keep the group together:

Make sure there is periodic communication between the leader and the sweep.

Role of the leader in case of an accident

In the rare instance where a participant has problems or needs more time, appoint at least **TWO** hikers to accompany the individual to the end of the hike and to stay with the hiker. In the case the leader decides to be one of these individuals, appoint a leader for the rest of the group.

Share the cost of driving

Mileages and Passenger Fuel Share for Popular Hikes					
Fuel costs are based on \$1 per 20 km per person, rounded to the nearest \$, plus \$1 per person if hike is on the Smith Dorian					
Distances are based on return trip.					
		Driving	Fuel	Smith	Total
	Highway to Hike	Distance	Share	Dorian	
TCH.W		Km	\$	Surcharge	\$
				\$	
	Lake Louise	166	\$9		9 (and other destinations from same parking lot)
	Moraine Lake	188	\$10		10 (and other destinations from same parking lot)
	Emerald Lake	232	\$12		12
	Takakkaw Falls	230	\$12		12 (and other destinations from same parking lot)
93.N	Parker Ridge	392	\$20		20
	Molar Pass	212	\$11		11
	Bow Lake	234	\$12		12
93.S	Stanley Glacier	136	\$7		7
	Boom Lake	124	\$7		7
	Arnica Lake	120	\$7		7
40 (742)	Chester and Burstall	91	\$5	\$1	6 (and other destinations from same parking lot)
40	Highwood Pass	200	\$11		11 (and other destinations from same parking lot)
	Running Rain Lake	220	\$12		12
	Mount Lipsett	224	\$12		12
	Elbow Lake	184	\$10		10
	Kananaskis Lakes/Rawson Lake	193	\$10		10
	Troll Falls/Ribbon Creek	115	\$6		6 (and other destinations from same parking lot)
	Mount Baldy	89	\$5		5
	Barrier	80	\$5		5
TCH.E	Heart Mountain/Razor Back/Jewel Pass	40	\$3		3
	Yamnuska	60	\$4		4
742	Rummel Lake	82	\$5	\$1	6 (and other destinations from same parking lot)
	Buller Pass	71	\$4	\$1	5
	West Wind Pass	46	\$3	\$1	4
	Three Sisters Pass	32	\$2	\$1	3
	Ha Ling and EOR	20	\$2	\$1	3