

Meanderthals Trip Submission Pro-forma

Day =

Mo =

Date =

Spec =

Check Activity(ies)

HIKE []

HIKE w CLIMBING []

BIKE []

XC SKI []

SNOW_SHOE []

OTHER []

Level =

Spd =

Area =

Trail =

Dist =

Uphill =

Max e =

Total Hrs =

Max # =

Dep Time =

Gas \$ =

Notes =

Leader =

SignUp Rqd =

SU when = *Standard if not specified*

SU Email =

SU Notes: =