



CANMORE
SENIORS ASSOCIATION
LIFELONG LEARNING PROGRAM

Celebrates Its

10 YEAR ANNIVERSARY

2011-2021

*“Wisdom.... comes not from age, but
from education and learning.”*

Anton Chekhov

For ten years, Canmore Seniors' Lifelong Learning Program has provided entertainment, exploration, and education, encouraging us to expand our knowledge of topics, aimed at piquing our interest and enhancing our expertise. Today, we honour the enthusiasm of our founders: Jean Finley, Peter Petrik, Jean Slaght (1930-2021) and Marni Virtue. As we look forward to enjoying many more interesting topics and perspectives, we reflect on our ten first years of shared expertise.



Life in the Music World Series

February	Charlie Usher	U.K. Composer
March	Henk Guittart	Chamber Musician
March	Dr. Milton Laufer	USA International Concert Pianist

The Changing Face of Aging Series

March	Lynn Cooper	Art of Aging in the 21st Century
April	Dr. Carrie Scarff	Hearing Loss & the Brain
April	Lynn Cooper	Re-evaluating Retirement
May	Dr. Peter Petrik	Medicine Through a Looking Glass
April	Dr. Joe Ripperger	Mental Health



Financial & Legacy Planning for Seniors Series

October	AB Securities Representative	Financial Scams
October	Keith Weaver	Bow Valley Community Foundation
October	Steven Scott	BMO
November	Primary Care Network	Group Discussion
November	Henk Guittart	Schoenberg
January	Michale Lang	Alberta History
January	Rob Alexander	History of Canmore
February	Lou Kamenka	Geology of the Bow Valley
February	Dr. Pavel Jelen	Cheeses of the World
March	Michale Lang	Mary Schaffer
March	Todd Wolansky	Physiotherapist
April	Dr. Carrie Scarff	Brain Plasticity
May	Trent Hamans	Estate Planning
May	Dr. Joe Ripperger	Lifestyles & Mental Health

2012 - 2013

October	Dr. Fred Wilson	Dementia from a Neurological Perspective
October	Jeannie Godfrey	Culture & Core Values
October	Hendri Vorster	Pre Zemlinsky Quartet Lecture
November	Craig Richards	Personal Expressions: The Power of Photography
November	Frank McIntyre	Stem Cell Research
January	Gerry Stephenson	History of Coal Mining in Canmore
January	Henk Guittart	Insight in Progress & Progress in Insight
February	Doug Campbell	A Long Journey: History of the National Trail
February	Peter Petrik	What Genetics Tells Us
March	Michale Lang	Mavericks
March	Alan McFadden	Petropolitics
April	Steve de Keizer	Overview of the History & Future of The Three Sisters Development
April	Dr. David Hogan	Train for Gain: Promoting Healthy Brain Aging
May	Dr. Joanna Phillips	Optometrist

2013 - 2014

October	Chrisopher Levy	Government Safeguards in Biomedical Research
October	Ron Lewis	What Nuclear Power is All About
November	Geoff Williams	The Craft of English Tower Bell Ringing
November	Douglas MacLean	Early Painters of the Banff Centre
December	Anne & Ed Neufeld	The Land of Ganghis Khan
January	Jeff Horvath	Where the River Turns: An Ojibway Family's Journey
January	Rick Thrale	Cyberspace: A National Security Perspective
February	Jim Olver	History of the Banff Centre
February	Dr. Peter Nicol	Juggling & Neuroplasticity
March	Dr. Martin Tweeddale	Through the Retrospectascope
March	John Martland	Anatomy of a Medical Malpractice Lawsuit
April	Barb Parker	Life Stories
April	Vincent Varga	The Whyte Museum



2014 - 2015

October	John Spear	Le Chocolatier
October	Christopher Levy	Canadian Charter of Rights & Freedoms
November	Dr. John Pomeroy	Snow & Stream Flow in the Canadian Rockies
November	Frank McIntyre	Fracking: Do the Rewards Justify the Risks
December	Paul D'Agostino	Development of Analysis Methods for Chemical Warfare Agents
January	Evelyn Mathews with Bow Valley Foundation	Charitable Giving & Taxes
January	Mary-Beth Laviolette	Perspectives on Byron Harmon
February	Cliff White	Trail to the Buffalo
February	Sharon Moore	Hope is the Journey
March	Dr. Martin Tweeddale	Landfall: Navigational Aids for Life's Last Journey
March	Dr. Peter Nichol	Falls in the Elderly
April	Ian Wilson & Jacinthe	Wildflowers of Banff Park
April	Tom Hodgson	Western Canada & the NWMP



2015 - 2016

October	David Colpitts	The Goldrush Trail of 1898
October	Todd Wolansky	Secrets to how Srs. Change Health Habits
November	Chic Scott	Mountain Romantics: The White/Whytes of Banff
November	Martland & Evans	Criminal Trial Presentation
November	Sharon Wood	Higher Ground
January	Sandy Lecour	Service Dog Guides
January	Don Paterson	Myths & Truths of Exercise in Aging
February	Dr. Peter Nicol	Chronic Pain in the Elderly
February	Shirley Truscott	Lizzy Rummel: A Woman in Wildflowers
March	Jeremy Elbourne & Marci Segal	artsPlace & You
March	Janice Price	The Banff Centre & What is Next
April	Peter Duck	Responsible Waste Management
April	Gottfried Haase	The 3 F's: Food, Facts & Fallacies



2016 - 2017

October	Chic Scott	Fantasy & Reality: Filming "The Eiger Sanction"
October	Sean Krausert	What Kind of Community do we want
October	Dr. Martin Tweeddale	Difficult Decisions & Ethical Exigencies
November	Brian Calliou	Indigenous Rights & Reconciliation
November	Deborah Skelton	Physio Prevention for the Aging Body
January	Jeremy Mackenzie	Top 10 Ways to Avoid Calling Mountain Rescue
January	Jonathan Huyer	An Award Winner's Unique Experiences Photographing Polar Bears
February	Tony Clevenger	Between Rock & Hard Places: Wolverines
February	Dr. Anne Fanning	Tuberculosis: Challenges of Global Health
March	Blair Dunbar	Consensus Government: What is it?
March	Ian Wilson & Jacinth	Waterton Wild
April	Carrie Scarff	Audiologist
April	Stephen Bown	The Process of Writing
May	Mayor John Borrowman	Growth in Canmore



2017 - 2018

October	Dr. Dale Guenter	Living the Best Till Last
October	Sykes Powderface	Treaty 7
October	Brent Pickard	NOT the Soft Side of Retirement
November	RCMP Cst. Lilliane Frechette	Cyber Crime & Phone Scams
November	Ellen Thuringer & Colleagues	Early Childhood Development
January	Marty Carpenter	If it Ain't AB it Ain't Beef
January	Heather Bester	Super Foods for Seniors
February	Jonathan Huyer	Penguins & Pumas
February	Stephen Legault	Y2Y Vision
March	Clarence Guenter	Learning in Laos
March	Mavis Sautner	Who are FCSS?
April	Mike Henderson	Adventure with Cazz, A Parks Canada Operational dog
April	Elinor Florence	Author "Bird's Eye View"



2018 - 2019

October	Gail Smillie	Neuroscience "Over the Hill"
October	Karl Wahl	Needs of Aging
October	John Marland & Colleagues	Stanley/Boushie Trial
November	Ian Wilson & Jacinthe	Bird Photography
November	M.P. Rogeau	Historical Fire Regimes
January	Jeremy Mackenzie	Kananaskis Avalanche Rescue
January	Michael Fark	Medecins Sans Frontieres
February	John Eneas	Policing in the Community
February	Martin Tweeddale	Palliative Care
March	Simon Robbins	Solid Waste Services
March	Bob Worthingham	Pipelines
April	Tim Giese	Plastics
April	John Huyer	Birds & Beasts: photos of Central America & Southern Africa



FALL 2019

October	Beckie Scott	Spirit North
November	Brian McClure	Innovate Canmore
November	Brenda McQueen	McDougall Memorial Church
December	Michael Weaver	Journey of Discovery

2020

January	Dr.s. Peter & Annie Hornett	Nfld. Crafts
January	Andy Esarte	Connecting Canmore
February	Judge John Reilly	Perspective on Justice
February	John Paczkowski	Grizzly Bears in Kananaskis
March	Bob Sandford	We Can't Afford to Wait (Climate)

Sadly the following three presentations could not take place as planned due to COVID-19

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|-------------------------|------------------------------|
| John Martland | Mock Trial |
| Ian Wilson & Jacinthe | Exploring Newfoundland |
| Marie-Pierre Chappeland | Kananaskis Volunteer Program |



Life Long Learning

Life Long Learning, via Pat Grayling, also arranged excursions to the Banff Centre. These have been behind the scenes tours and have been hosted by Jim Olver. They started in January 2012. By 2020, there had been twenty-three of these special offerings.

In addition, four visits to the Whyte Museum were made, again to attain an intimate look behind the scenes.



January	Shayla Roberts	Primary Care Network
February	Richard LeSueur	Ancient Desert Traditions
February	Peter Nicol	New Killer Diseases
March	Joey O'Brien	Climate Change, McCaig Institute: Medical Clinical Trials
April	Don Smith	Seen But Not Seen: Non-Indigenous Canadians' Perceptions of the First Nations
October	Michelle Preston, Library Director	Canmore Library: The First 50 Years
October	Brenda Holder	Indigenous Resource: Medicinal Properties of The Black Poplar Tree
November	Bill Harder: Palliative Care Society	The Gift of Sorrow as a Power of Transformation
November	Jeremy MacKenzie: IFMGA Mountain Guide	Outdoor Safety (<i>Cancelled</i>)
November	Cori Brewster	Stories & Songs & 10th Anniversary of Canmore Lifelong Learners Celebration

THANK YOU!

Anne de Soto kindly prepared the above
Feb. 2011- April 2021 List.