



## ENHANCING THE LIVES OF OUR MEMBERS

### Activity Bookings

**Week of Monday, January 12 to Sunday, January 18**

ROOMS - T (Townside) C (Creekside) B (Boardroom) A (Activity) G (Garden)

DAY	DATE	START	END	ACTIVITY	ROOM
Monday, January 12		9:00 am	12:00	CSA Board Meeting	B
		9:30 am	10:30 am	Get Up and Go Fitness Class	C
		10:00 am	2:00 pm	Hospital Bridge	A
		10:45 am	11:30 am	Move Easy Monday	C
		1:00 pm	2:00 pm	Juggling	T
		2:30 pm	5:00 pm	Cribbage Club	T
		6:00 pm	9:30 pm	Duplicate Bridge	C
		6:30 pm	7:30 pm	Ukulele Lessons	A
Tuesday, January 13		9:30 am	11:30 am	Table Tennis	T
		9:00 am	11:00 am	Mixed Yoga with Henri	A
		11:30 am	1:00 pm	Ukulele practice group	T
		12:00 pm	1:00 pm	Zumba	C
		1:00 pm	3:00 pm	Scottish Country Dancing	C
		3:30 pm	9:00 pm	Pickleball	
		1:00 pm	3:00 pm	Mah Jongg	T
		3:30 pm	6:30 pm	Afternoon Duplicate Bridge	T
Wednesday, January 14		7:00 pm	9:00 pm	Knitting Group	T
		9:30 am	10:30 am	Get Up and Go Fitness Class	C
		10:00 am	2:00 pm	Hospital Bridge	A
		12:00 pm	5:00 pm	Pickleball	C
		6:00 pm	9:00 pm	Biosphere	C
Thursday, January 15		9:30 am	11:30 am	Table Tennis	C
		9:30 am	11:00 am	Mixed Yoga with Henri	A
		1:00 pm	9:00 pm	Pickleball	C
		1:00 pm	3:00 pm	Mah Jongg	T
		4:00 pm	6:00 pm	CSA Music Jam	T
Friday, January 16		8:00 am	12:00 pm	Pickleball	C
		1:00 pm	9:00 pm	Pickleball	C
		<b>9 :00 am</b>	<b>12:00 pm</b>	<b><i>Centre d'Appui Familial</i></b>	<b><i>T</i></b>
Saturday, January 17		8:00 am	12:00 pm	Pickleball	C
		1:00 pm	9:00 pm	Pickleball	C
Sunday, January 18		8:00 am	12:00 pm	Pickleball	C
		1:00 pm	9:00 pm	Pickleball	C
		6:30 pm	8:00 pm	Drumming	T