Bow Valley Palliative

What do we do?

Guided by Dignity, Comfort and Excellence

November 16, 2026



Agenda

- Community Program Overview
  - Who is Bow Valley Palliative?
  - What does Bow Valley Palliative do?
  - How do we do this in community?

- The Pestell Center for Compassionate Care

- Questions and Answers



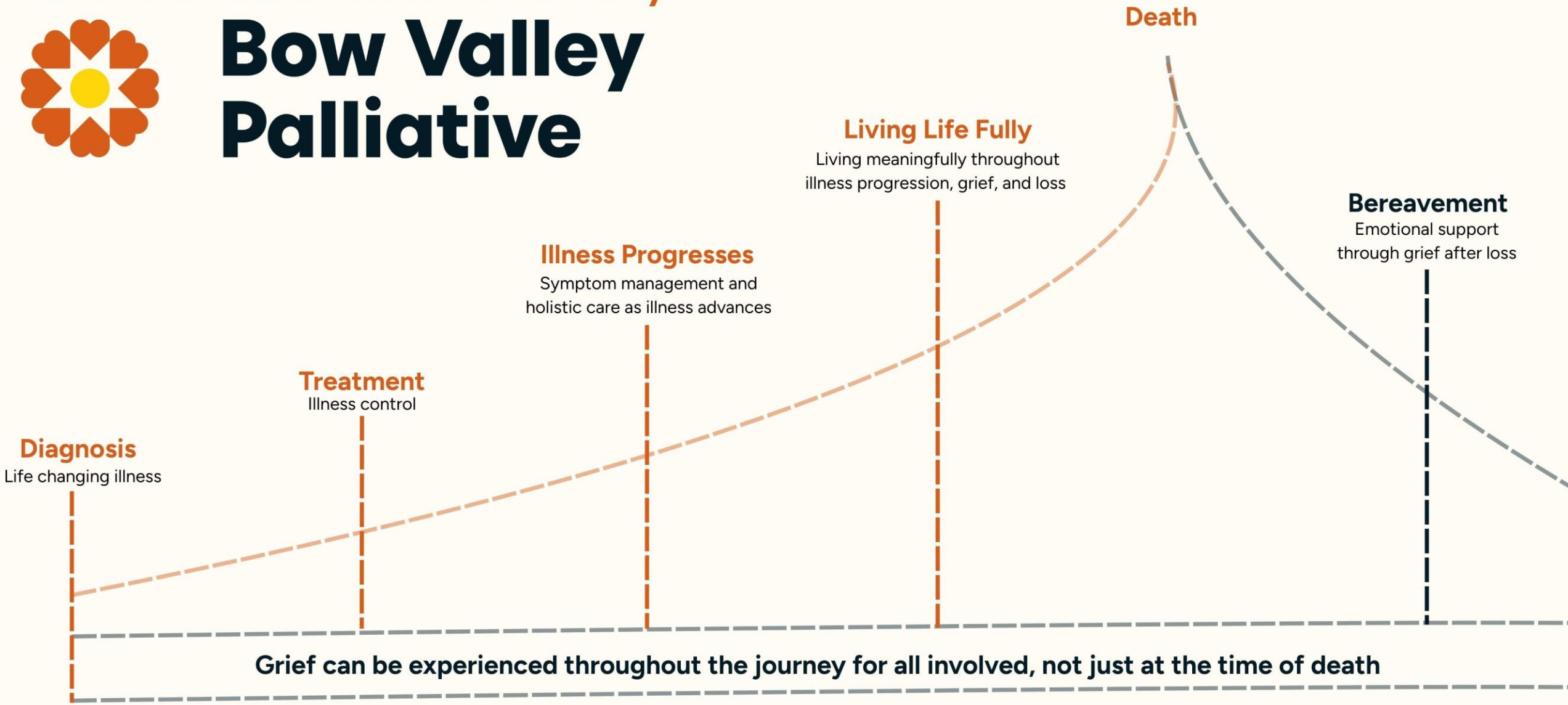
Who is Bow Valley Palliative?

- Mission
- Vision
- Values

Bow Valley Palliative

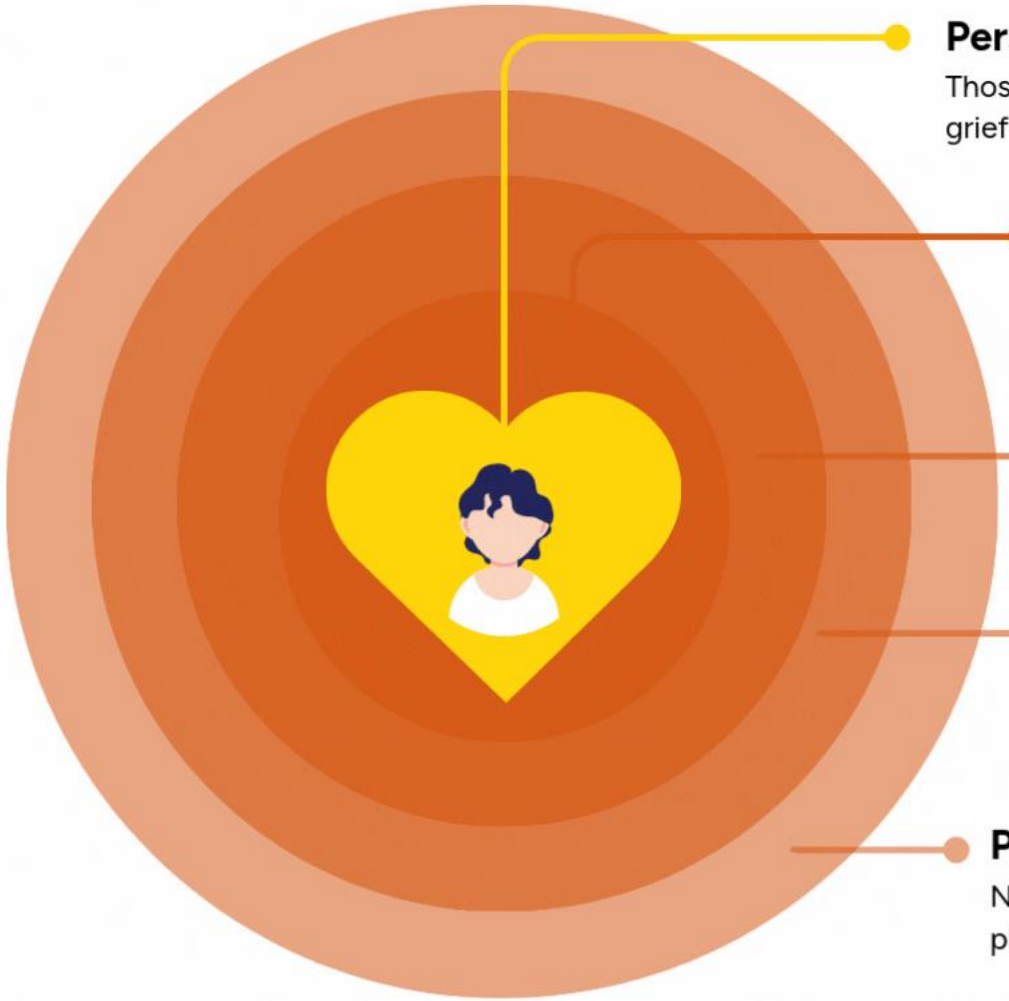
The Palliative Journey

Bow Valley Palliative



Bow Valley Palliative

Our support has greater impact than just one person



Person Receiving Care

Those living with a life changing illness or experiencing grief and bereavement from a death loss.

Immediate Family

Partner, parents, children, siblings. Those who provide direct care and support.

Extended Family & Friends

Emotional support, practical help.

Community Members

Neighbours, Colleagues, acquaintances. Providing social interaction and practical support such as grocery shopping, meals, and housekeeping.

Professional Support

Navigates referrals to and from professional health care providers – family physicians, palliative care team, home care, mental health supports.

The Cloth of Our Being



Each of life's losses snags a thread in the cloth of our being.

Some losses only tatter the edge; some tear, rip, and rend the weave at the core of the fabric.

How do your losses touch your cloth?



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Companioning Grief

Above all, grief asks that we bear witness to its presence

- Without an attempt to fix it
- Free from judgment



Companioning:

From Latin

Com – together with

Panis – bread

…to break bread together, a *messmate*

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Companion Programs

Compassionate Companions:

For palliative clients & their caregivers. Support clients through compassion, open listening, and navigating resources.

Grief Companions:

For individuals & families needing support along their grief journey. Provide comfort and safe spaces for those experiencing loss and grief.

Dementia Care Companions:

For persons living with Dementia & their caregivers. Participate in life-affirming activities as well a support for caregivers

Grief Support

Tier 1 – Group session: “Understanding My Grief “

Tier 2 – Grief companion volunteer connection

Tier 3 – Counselling (up to 3 sessions) with BVP contracted therapist



Learning Opportunities

Bow Valley Palliative educational presentations are available for the following sessions:

- Navigating Grief
- Grief In The Workplace
- Caregiver Wellness

Precious Belongings Bag

Lovingly crafted by the **Mountain Cabin Quilters Guild** of Canmore. Available throughout the community in local hospitals and Regional Housing seniors' lodges.



Q & A





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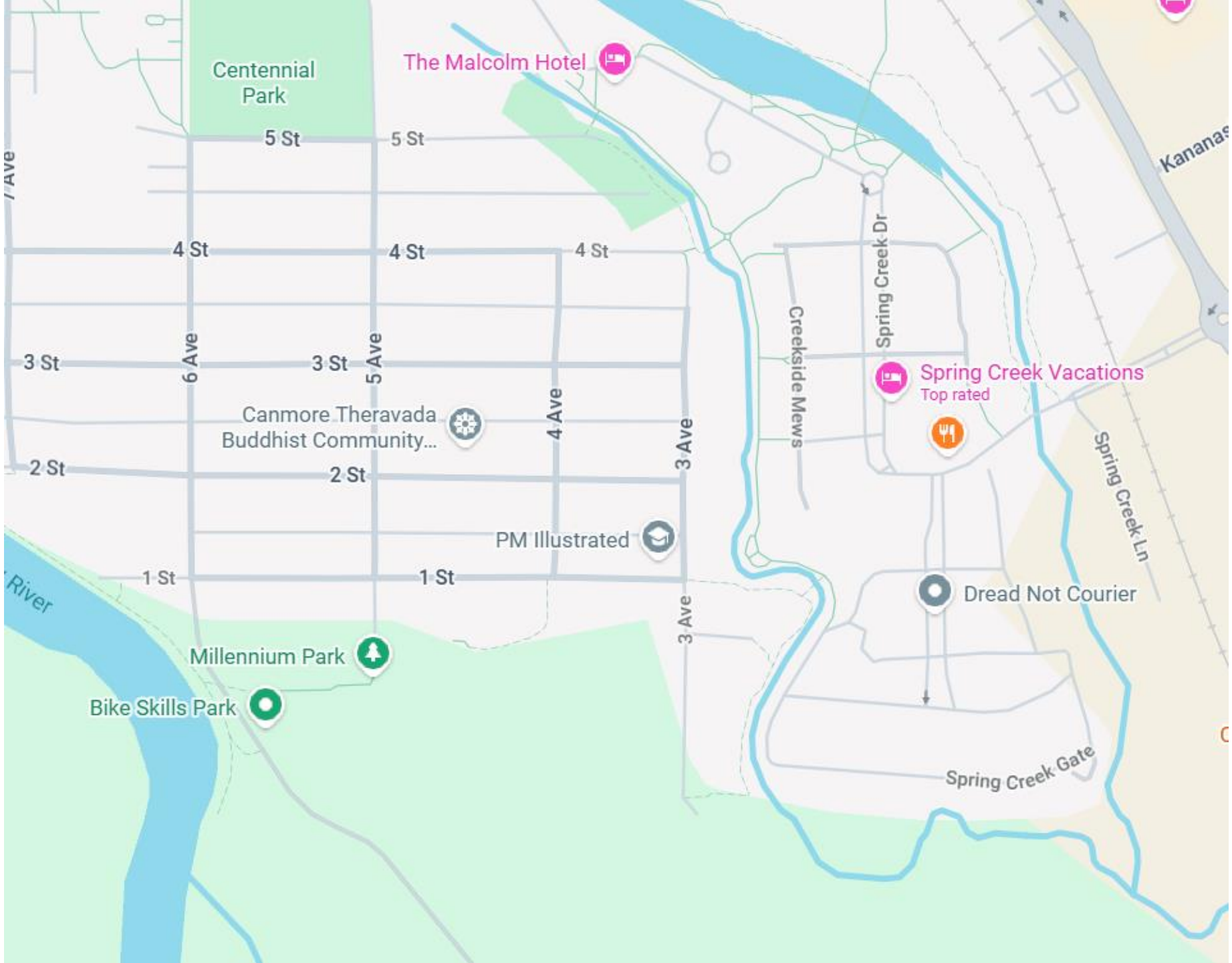
The Pestell Centre for Compassionate Care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Creekside Mews
Spring Creek Dr
Spring Creek Vacations
Top rated
Canmore Theravada Buddhist Community...
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PM Illustrated
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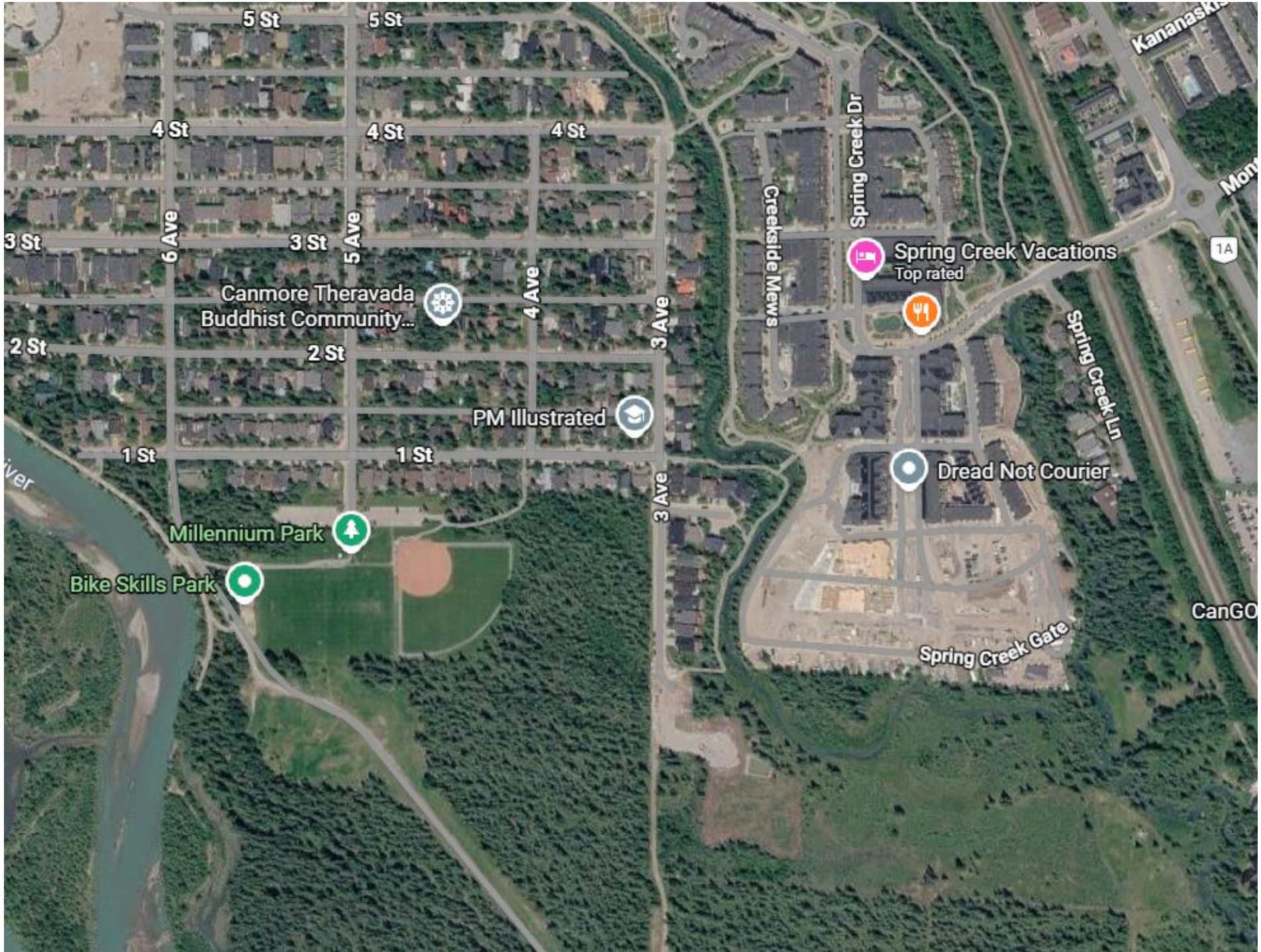
Dread Not Courier
Spring Creek Ln
Millennium Park
Bike Skills Park
Spring Creek Gate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HOSPICE LAUNDRY
CONSULT RM 1
JANITOR
LARGE CONSULT RM
WELCOME LOUNGE
RECEPTION
REFLECTION ROOM
STAFF / VOLUNTEER MUDROOM
STORAGE
MPR/FAMILY DINING
CONSERVATORY
KITCHEN
UTILITY
SPA
MECHANICAL
MED RM
NURSE STATION
EQUIP STORAGE B
CONSULT RM 2
KITCHENETTE
RESIDENT ROOM 1
RESIDENT ROOM 2
RESIDENT ROOM 3
RESIDENT ROOM 4
RESIDENT ROOM 5
RESIDENT ROOM 6
RESIDENT ROOM 7
RESIDENT ROOM 8
EQUIP STORAGE A
LOUNGE
ADMINISTRATION
CIRCULATION
PRIVATE RESIDENT AREAS
PUBLIC AREAS
SERVICE AREAS
SUPPORT AREAS




ZAHA HADID
VIENNA 1990
TITIAN
bauhaus
ANDO



Where are we now?

-Goal is $30 million dollars, will be for the build and 3 years of operations

- Groundbreaking on Oct 14

- Opening in 2028

Q & A



The work we do at **Bow Valley Palliative** is supported by donations from Bow Valley residents.

www.bvpal.ca

403-707-7111 (Main)

